Guide to Providing Public Comments: Dignity Health/Catholic Health Initiatives Proposed Merger

Good morning. Thank you for the opportunity to provide input to the Attorney General on this transaction.

[Introduce yourself; introduce your organization if you represent one]

[State your personal interest in this transaction: (e.g. this hospital serves my community, I have been coming to this hospital for X years, I am a nurse/ physician at this hospital.)]

I am speaking today because I am concerned about the impact the proposed merger will have on: [choose one or more that move you to speak today]

- reproductive health services;
- health services for LGBTQ patients, and transgender patients in particular; and
- services for low-income communities, including uninsured patients, patients on Medi-Cal or Medicare, and the hospitals' charity care and community benefit services.

[See appendix that corresponds to your concern; choose points that speak to you.]

[Request(s) [selection based on focus-area(s) of your comments]:

- 1. In their notice to the Attorney General, Dignity Health and Catholic Healthcare Initiatives committed to continuing to provide women's health services for a five-year period. We believe that this commitment is insufficient and request that the Attorney General require Dignity Health hospitals to maintain their provision of women's health services for at least ten years. This is particularly necessary in rural areas, where Dignity Health hospitals may be the only large acute-care hospital in the area that provides certain services. In these cases, patients may have no other feasible options for seeking care. [If in a rural area, mention that the specific hospitals in the county are some of the only ones available.] Timely and adequate access to care is crucial, and this is particularly the case for reproductive services.
- 2. Due to the negative impacts that the ERDs have on women's health care, we ask the Attorney General to require the Dignity Health hospitals to expand their health services to include a full range of reproductive health services – including those prohibited by the ERDs. If this is not possible, we ask that the Attorney General require this expansion of reproductive health services at Dignity Health's non-Catholic hospitals.

All Dignity Health patients should have equal access to reproductive health services and gender-affirming health services, regardless of the facility that they go to. I urge the Attorney General to ensure that all reproductive health services and genderaffirming services that are currently being provided at each Dignity Health facility, including those being provided as exceptions to the ERD restrictions, be maintained. Where these services are being provided on a case by case basis, specific protocols must be in place and enforced to ensure they are available to all patients of those facilities.

- 3. At a minimum, we ask the Attorney General to require that Dignity Health not diminish or eliminate *any* of the reproductive health services or gender-affirming health services currently being provided at their facilities, and to commit to this requirement for at least <u>ten years</u>. We further ask the Attorney General to ensure that Dignity Health's non-Catholic hospitals be able to maintain their current provisions of reproductive health services and gender-affirming health services without facing separation or other negative consequences for doing so.
- 4. Finally, I urge the Attorney General to require each Dignity Health hospital to submit a report one year after the merger, and three years after the merger, to confirm the level of reproductive, transition-related/ gender-affirming services, emergency care, community benefits, and charity care services that are being provided. Such reports will allow both the AG and advocates to ensure that Dignity Health is fulfilling its commitment to maintaining their current level of services.

[Optional] Closing statements:

- Every patient who enters a hospital, clinic, doctor's office, or any other medical setting expects to receive treatment that meets the standard of care. The ERD restrictions in place at Dignity Health's Catholic facilities are severe restrictions that violate straightforward evidence-based standards of care—which are accepted medical practice, adopted by the major professional medical associations.
- Dignity Health receives massive amounts of public funds to serve and provide health services to the general public. The Attorney General should require this institution to refrain from imposing non-medical restrictions on care and interfering in the patient-provider relationship.

Thank you.

Appendix 1: Reproductive Health Services

- This is a merger between two Catholic hospital systems. Catholic hospitals generally follow the Ethical and Religious Directives for Catholic Healthcare Services (ERDs). The ERDs prohibit many critical reproductive health services, including contraception, abortion, and some infertility treatments. The ERDs make no exceptions for risks to the patient's health or <u>even</u> life.
- 2. In the case of ectopic pregnancies, where the fertilized egg is not implanted in the uterus, but remains in the fallopian tube, the ERDs call on medical providers to extract the embryo by taking out a portion of, or the entire fallopian tube, a procedure that severely decreases a woman's future fertility. This is done in spite of the fact that the standard of care for ectopic pregnancies is to inject the drug methotrexate or to remove the embryo surgically while leaving the fallopian tube intact, both of which are intended to preserve fertility. The Catholic logic is that a direct attack on the embryo, through the latter two procedures, is impermissible, while an indirect approach, through removing the fallopian tube, is morally acceptable.
- 3. Adherence to the ERDs mean that Catholic hospital employees may be prohibited from performing certain procedures, even if their inaction could result in the patient's death. For example, a Catholic hospital outside of Chicago refused to end the pregnancy of a woman whose water broke well before the fetus was viable. By the time she was transferred to a non-Catholic hospital, she had a fever of 106 degrees and was close to death from sepsis. The delay in ending the pregnancy resulted in the patient suffering an acute kidney injury requiring dialysis and a cognitive injury due to the severity of the sepsis.
- 4. The ERDs restrict the information health professionals may give to patients, interfering with patient autonomy and the provider-patient relationship. The directives require the patients receive "reasonable information" about the care including, "risks, side-effects, consequences and cost; and any reasonable and *morally legitimate* alternatives, including no treatment at all." Unfortunately, by limiting the disclosure of alternative treatments to ones that the Catholic Church deems "morally legitimate," providers can be prohibited from informing patients about alternatives that may be the most medically suitable and safe for them.
- 5. A Catholic hospital in Michigan sent a pregnant woman, whose water broke at 18 weeks, home with two Tylenol without telling her that there was virtually no way she could give birth to a healthy baby. Ending the pregnancy would have been the safest course of action for her, but the ERDs forbade the disclosure of this information. The woman returned to the hospital twice more, each time in excruciating pain and bleeding, with signs of infection. On the third instance, the hospital began filling out her discharge paperwork and only provided care when she began to deliver the baby. This policy of only disclosing "morally legitimate" information, violates

established principles of informed consent and prevents patients in hospitals governed by ERDs from choosing treatment options that are the medical standard of care.

- 6. The ERDs require decision-makers to consider the possibility of "scandal," which the Church defines as an attitude or behavior that leads another to do evil. Under this standard, patients denied services, such as abortions or sterilizations, at a Catholic hospital would also be denied referrals to institutions that *do* provide the services, since providing these referrals would create "scandal."
- 7. The denial of reproductive health services in accordance with the ERDs has resulted in serious pain, suffering, loss of dignity, deviations from best medical practices, and even death. Patients have been turned away for miscarriage treatment while bleeding and actively miscarrying. Other patients are denied tubal ligation surgeries right after giving birth, which is the safest time for the procedure, and forced to seek a second surgery elsewhere. Additionally, transgender patients have had gender-affirming surgeries denied on religious grounds.

Appendix 2: LGBTQ patients

- 1. Adherence to the Ethical and Religious Directives for Catholic Healthcare Service (ERDs) increases the likelihood that LGBTQ individuals and their families will face discrimination in seeking to access health care services consistent with their medical needs.
- 2. Though the ERDs do not discuss transgender and gender non-conforming patients directly, we know that these patients have faced barriers in Dignity Health facilities throughout the state when trying to access gender-affirming care. (Gender-affirming, or transition-related, care refers to health care a trans or gender non-conforming person may need to address gender dysphoria and develop a gender expression to match their gender identity.)
- 3. In California and elsewhere, Dignity Health and other Catholic hospitals have deemed medically necessary, life-saving gender affirming care (such as a hysterectomy) to be "direct sterilization" and thus impermissible under the ERD restrictions. For example, in one case in California, Dignity Health thwarted a transgender man from getting his hysterectomy the day before it was scheduled, upon learning that he was transgender.
- 4. Denials of health care for transgender patients do not happen in a vacuum. Transgender patients already face difficulties at various stages of accessing health care. For example, trans patients may face difficulty securing insurance coverage for medically necessary care, experience anti-trans discrimination or mistreatment within the health care system, and/ or struggle to pay for the care they need. In that context, discrimination at the final step of accessing care is particularly unjust.
- 5. High rates of poverty in the transgender community make it even more important that transgender patients can access the transition-related care they need in their own communities. According to the 2015 U.S. Transgender Survey (the largest survey examining the experiences of transgender people in the US), 33% of transgender people surveyed in California lived in poverty, compared to 12% in the U.S. population.
- 6. All patients deserve to be treated with dignity and respect. Dignity Health and Catholic Health Initiatives should be required to provide assurances that LGBTQ patients will be treated with the same dignity and respect, and will receive the same medical standard of care, as any other patient.

Appendix 3: Medi-Cal/Medicare, Charity Care

 Dignity Health is the state's largest provider of Medi-Cal services and is a critical part of the state's social safety net. DH and CHI's commitment to maintain the current level of Medi-Cal and Medicare participation for five years does not offer sufficient protection of low-income and elderly individuals. Their commitment does nothing to protect against decreasing participation after five years, nor does it account for the growing numbers of Medi-Cal and Medicare recipients.

2. [For rural and/or low-income areas especially] In [YOUR COUNTY], the Dignity Health hospital(s) serve a large low-income population. [Describe the Medicare and Medi-Cal participation numbers/percentages in the specific county, with the specific hospitals.]

- 3. We ask the Attorney General to require the parties to maintain their current levels of Medi-Cal and Medicare participation for a minimum of ten years, to ensure that low-income and elderly individuals are not left without necessary medical care.
- 4. Dignity Health and CHI's five-year commitment to maintaining the current emergency department designations and licensed specialty bed designations is insufficient to protect the populations that their hospitals serve and does nothing to protect against eliminating any currently offered health services after the five-year term ends. We urge the Attorney General to require Dignity Health to make this commitment for a minimum of ten years.
- 5. Charity care provides an essential safety net for struggling individuals and families who would otherwise forgo needed care or be locked in poverty due to medical debt from hospital visits. Nearly three million Californians are still uninsured, and many insured Californians still face affordability concerns for medical care. Thus, charity care programs continue to be a needed and valued part of the safety net.
- 6. Many Dignity Health hospitals serve large low-income populations. The charity care and community benefits provided by Dignity Health hospitals are substantial. Dignity Health's California hospitals annually contribute more than \$71 million in charity care and \$135 million in community benefits. Any reduction in this care would have a serious deleterious effect on low-income community members. Dignity Health and CHI's commitment to maintain the current level of Medi-Cal and Medicare participation and charity care and community benefit contributions for six years does not offer sufficient protection.
- 7. In some counties, particularly in rural areas, Dignity Health hospitals may be the only hospital in the area that provide a particular service. Low-income patients may have no other reasonable option to receive medical care and may require charity care to avoid medical debt and bankruptcy. We ask the Attorney General to require the parties to maintain an annual amount of Charity Care and Community Benefit Services no less than what the health impact statement has identified as necessary

to maintain current levels, for a minimum of ten years, to ensure that low-income individuals are not left without necessary medical care. Further, the annual rate of increase for these amounts should be tied to the inflation rate as determined by the Consumer Price Index for [YOUR COUNTY], California.

- 8. Apart from the amount of money spent on charity care and community benefits, the Attorney General should require these Dignity Health Hospitals to improve their processes for informing patients about charity care and financial assistance.
- 9. All uninsured patients or patients with high medical costs who are at or below 350% of the federal poverty line are eligible to apply for a hospital's charity care or discount payment policy. Yet, many patients who are eligible for charity care do not know about the option. The Attorney General should require Dignity Health's hospitals to submit their policies and procedures for informing patients about their charity care and financial assistance programs. The hospitals should post information about these programs to their websites and signs should be placed prominently and in multiple languages in the emergency room. Further, every uninsured patient that leaves the emergency room should receive a charity care application. And in order to avoid deterring undocumented immigrants from seeking charity care, the application should say in bold letters that no social security number is required to qualify for charity care.